

ABOUT

DR. BRIDGETTE R. BELL

LTC, U.S. ARMY

USMA '04

Dr. Bridgette Bell is a 21-year Army combat veteran who commissioned into the Adjutant General's Corps in 2004. Her's life-changing experiences as a Unit Victim Advocate and Company Commander spurred a greater appreciation for the study of mental health. In 2013, she pivoted her HR career to include a focus on the intersection of people analytics, human behavior, and wellness.

Bridgette returned to West Point as an Assistant Professor in the Department of Behavioral Sciences & Leadership (BS&L), teaching General Psychology for Leaders and Engineering Psychology from 2013 to 2016. She continued her work in higher education as the Chief of Staff/Assistant Professor of Military Science in the Department of Military Science (ROTC) at Jackson State University. In 2023, Dr. Bell completed her doctoral studies in Clinical Psychology, including an externship at an Intensive Outpatient Practice (IOP) specializing in treating borderline personality disorder, an APA-accredited internship at the Georgia Regional Hospital - Atlanta, and service as a Highly Qualified Expert (HQE) on the Department of Defense (DoD) Independent Review Commission (IRC) on Sexual Assault in the Military.

Dr. Bell's military service includes assignments with the 108th Air Defense Artillery Brigade of the XVIII Airborne Corps and the Special Troops Battalion of the 4th Brigade Combat Team, 1st Cavalry Division while at Fort Bliss, TX. She deployed to Mosul, Iraq in support of Operation Iraqi Freedom in 2006. LTC Bell went on to serve as Company Commander for the Army's second largest company, the Headquarters and Headquarters Company, United States Army Garrison, Fort Myer, VA. Post command, she served as the Aide-de-Camp to The 64th Adjutant General (TAG) of the U.S. Army at the U.S. Army Human Resources Command (HRC) during the command's move to Fort Knox, KY.

Dr. Bell was the first Director of Human Resources (G-1) for the U.S. Army Counterintelligence (ACI) Command, Fort Meade, MD during the implementation of the new Integrated Personnel & Pay System - Army (IPPS-A). In 2023, she became the Executive Officer (XO) to the Director of the Army Recruiting & Retention Task Force (ARTF), Deputy Chief of Staff for Personnel (DCS G-1). She then served on the newly formed Officer & Warrant Officer Retention Team, Directorate of Military Personnel Management (DMPM), DCS G-1, Pentagon. Last summer, Bridgette assumed the role of Director of HR (G-1) for the Southern European Task Force, Africa (SETAF-AF) in Vicenza, Italy.

Bridgette's education includes: BS (Chemistry and Life Sciences), West Point; MBA (Healthcare Management), Jones International University; MS (Human Systems Integration) Naval Postgraduate School; and PhD (Clinical Psychology), Jackson State University. She is a co-author for "West Point Leadership," author of a thesis on the Army Suicide Prevention Program, and author of a dissertation on the intersection of culture and grief.

Bridgette is a proud native of Mississippi and a fourth-generation Soldier. She prides herself in being the founder of Titanium Wellness; a Co-Founder of Do More Together, the West Point Black & African American Alumni Organization; a member of Alpha Kappa Alpha Sorority, Inc.; and Board Member emeritus for Strong Gray Line. She is the recipient of the Adjutant General's Corps Association COL Robert L. Manning Achievement Medal; the Junior ROCK of the Year award from the Washington DC Chapter of The ROCKS, Inc.; and the 2022 Make Your Mark Award from the Pat Tillman Foundation (Tillman Scholar '17).

Bridgette's greatest leadership accomplishment is being the mother to her daughter, August (7).

